17 MAY THURSDAY
Shower (1999) - 9.15pm
Cast: Zhu Xu, Li Xiaozheng, Fu Qian, Zhang Lan, Hou Ting
Directed by: Zhang Yang
Country: China
Run-time: 95 mins
Genre: Drama
Synopsis: Set in a neighbourhood on the outskirts of modern Beijing, this is the tale of a prodigal son. The older son returns to the place of his youth and his father’s old age - an embellished bathhouse that draws the neighbourhood men to bathe, gossip, pit cricket fights, quarrel and sing. This is a deceptively simple film wearing the veneer of a family comedy but with real depth.

Directed by: Khyentse Norbu
Country: Bhutan/Australia
Genre: Comedy
Run-time: 94 mins
Cast: Jamyang Lodro, Orgyen Tobgyal, Neten Chokling, Kunjung Nyima
The Cup (1999) - 7.15pm

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19 MAY SATURDAY
King of the Hill: Won’t You
Pimai My Neighbour (2000) - 2.15pm
Creator: Mike Judge
Producer/writer: John Altschuler and Dave Krinsky
Run-time: 22 mins
Genre: Comedy
Synopsis: Part road movie, part Bhutanese fable, this film is two stories - one earthly and one magical, played out against the backdrop of the Himalayas. The stories weave together down their respective paths, lined with seduction, deception and dreams. This is the second film from Bhutan-born Tibetan lama Khyentse Norbu (The Cup). ©Prayer Flag Pictures

20 MAY SUNDAY
How to Cook Your Life (2006)
+ Talk by Ajahn Brahm - 2.45pm
Directed by: Mark Verkerk
Country: Netherlands
Run-time: 97 mins
Genre: Documentary
Synopsis: A delightful fish-out-of-water comedy follows two mismatched brothers - one an uptight family man whose wife just left him, and the other a naive New Age enthusiast - travelling to Japan for a retreat at a Buddhist monastery. After a hilariously disastrous night in Tokyo leaves them broke, confused, and humiliated, the brothers accidentally find themselves fully prepared for their immersion in Buddhist spirituality. ©EMS Films

The Simpsons: She of Little Faith (2001) - 5.00pm
Creator: Matt Groening
Country: USA
Run-time: 22 mins
Genre: Animation
Synopsis: One of the key characters of the most popular animated television program in the USA - Lisa Simpson finds herself frustrated with the commercialization of Christmas and seeks an alternative spiritual path. She encounters a Buddhist monk along the way (voiced by Richard Gere) and makes a decision. The Simpsons TM and © 2001 Twentieth Century Fox Film Corporation. All Rights Reserved.

+ Compassion in Exile:
The Life of the 14th Dalai Lama (1993) - 5.00pm
Cast: Dalai Lama himself
Directed by: Mickey Lemle
Country: USA
Run-time: 64 mins
Genre: Documentary
Synopsis: An intimate portrait of Tenzin Gyatso, His Holiness the 14th Dalai Lama of Tibet. Inherent in the life story of this Nobel Peace Prize laureate is the saga of the suffering of the Tibetan people under Chinese occupation. ©Lemle Pictures, Inc.

Travellers & Magicians (2003) - 9.30pm
Cast: Sonam Kinga, Doki Tenquzzon, Lhakpa Dorje, Tshewang Dendup, Saman Kinga
Directed by: Khyentse Norbu
Country: Bhutan
Run-time: 108 mins
Genre: Drama
Synopsis: Part road movie, part Bhutanese fable, this film is two stories - one earthly and one magical, played out against the backdrop of the Himalayas. The stories weave together down their respective paths, lined with seduction, deception and dreams. This is the second film from Bhutan-born Tibetan lama Khyentse Norbu (The Cup). ©Prayer Flag Pictures

Enlightenment Guaranteed (2000) - 9.30pm
Cast: Uwe Ochsenknecht and Gustav-Peter Wohler
Directed by: Doris Dorrie
Country: Germany
Run-time: 109 mins
Genre: Comedy
Synopsis: A delightful fish-out-of-water comedy follows two mismatched brothers - one an uptight family man whose wife just left him, and the other a naive New Age enthusiast - travelling to Japan for a retreat at a Buddhist monastery. After a hilariously disastrous night in Tokyo leaves them broke, confused, and humiliated, the brothers accidentally find themselves fully prepared for their immersion in Buddhist spirituality. ©EMS Films

Buddha’s Lost Children (2006) - 7.00pm
Directed by: Mark Verkerk
Country: Netherlands
Run-time: 97 mins
Genre: Documentary
Synopsis: Buddha’s Lost Children is a feature-length documentary film about a Thai Buddhist monk who, armed only with his faith and master boxer skills, wages an inspirational battle to help orphaned children, fight drug abuse, and preserve a vanishing way of life. ©EMS Films

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20 MAY SUNDAY
How to Cook Your Life (2006)
+ Talk by Ajahn Brahm - 2.45pm
Directed by: Mark Verkerk
Country: Netherlands
Run-time: 100 mins
Genre: Documentary
Synopsis: An upbeat documentary about the art of cooking, but also the art of cooking one’s life without burning it, adding too much salt or over-cooking it. Together, Doris Dorrie and Zen priest of cookery, Edward Brown, demonstrate that food means much more than just nutrition and that cooking is a feast of the senses, as well as an art of hero and generosity.

Films may be cancelled or rescheduled due to unforeseen circumstances.
For updates, please check the festival website at www.asianbuddhistfilmfest.org or at the SISTIC Authorised Agents.
Please check film ratings before purchase of tickets.
For NC16 films, patrons must be above 16 years of age. For R21 films, patrons must be above 21 years of age. For M18 films, patrons must be above 18 years of age. For updates, please check the festival website at www.asianbuddhistfilmfest.org or at the SISTIC Authorised Agents.
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